2023 Statistics at a Glance

Presentations
12,792

Persons
9,786

Rate of self-harm is similar to that recorded in 2022

RATES:

191
per 100,000
1 in every 524
had a self-harm act

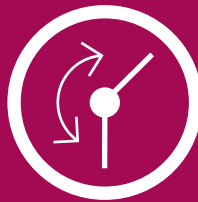**Men:** 20-24 year-olds
1 in every 256

Women: 15-19 year-olds
1 in every 138

PEAK RATES WERE AMONG YOUNG PEOPLE

TIME:

Peak time
9-10pm

M T W T F S S

Presentations were highest on **Mondays**, **Tuesdays** and **Sundays**

Almost half of presentations made between 6pm-2am (44%)

METHOD:

58%
3 in every 5
involved **overdose**

38%
Men
3 in every 10
involved **alcohol**

25%
Women

31%
3 in every 10
involved **self-cutting**

TREATMENT:

64% received a psychiatric assessment in the presenting hospital

72% received a follow-up recommendation after discharge

13% left ED before a recommendation was made

1 in 7 persons had a repeat attendance in 2023

15%