

ISSUE 8 · JULY 2026

C-SSHRI NETWORK

OPERATED BY NSRF

Newsletter

Foreword

DR EVE GRIFFIN, CHIEF EXECUTIVE OFFICER,
NATIONAL SUICIDE RESEARCH FOUNDATION

Welcome to Issue 8 of the C-SSHRI Newsletter.

Managed by the National Suicide Research Foundation, C-SSHRI (Connecting Suicide and Self-Harm Researchers on the island of Ireland) was established as a research community specific to suicide and self-harm.

This Newsletter provides an opportunity to highlight the breadth of research activity taking place across the C-SSHRI Network, and by C-SSHRI members indiviudally.

We are pleased to share updates on recent activities, newly published work by C-SSHRI members, and upcoming opportunities for engagement.

We are particularly grateful to the HSE National Office for Suicide Prevention for its continued support of C-SSHRI throughout 2026.



We hope you enjoy this edition and encourage you to share your news, achivements and ideas for future newsletters.
Dr Eve Griffin

This issue:

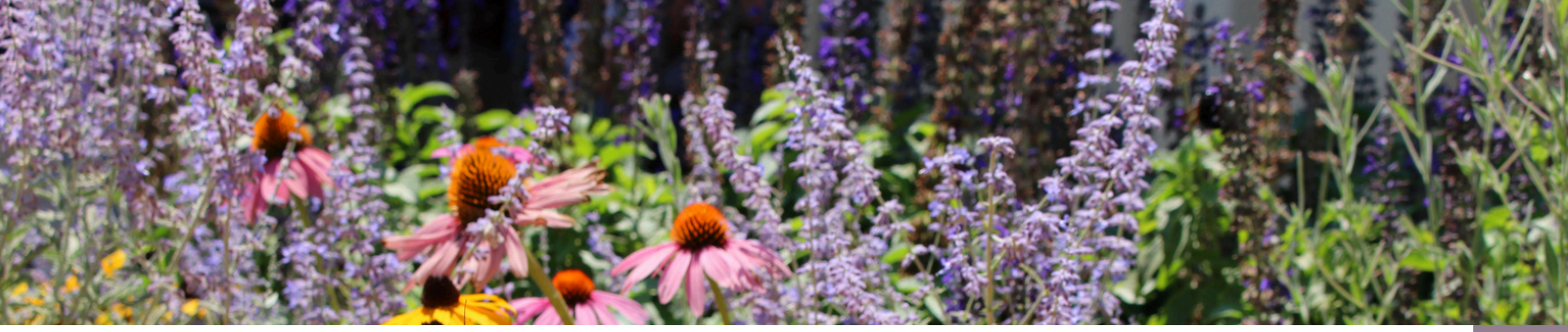
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Recent member highlights

Government launches Ireland's Strategy to Reduce Suicide and Self-harm: Connecting for Life 2026–2035

Office of the Mental Health Champion for Northern Ireland launches: Mental Health in Northern Ireland: Current Services and Strategic Priorities

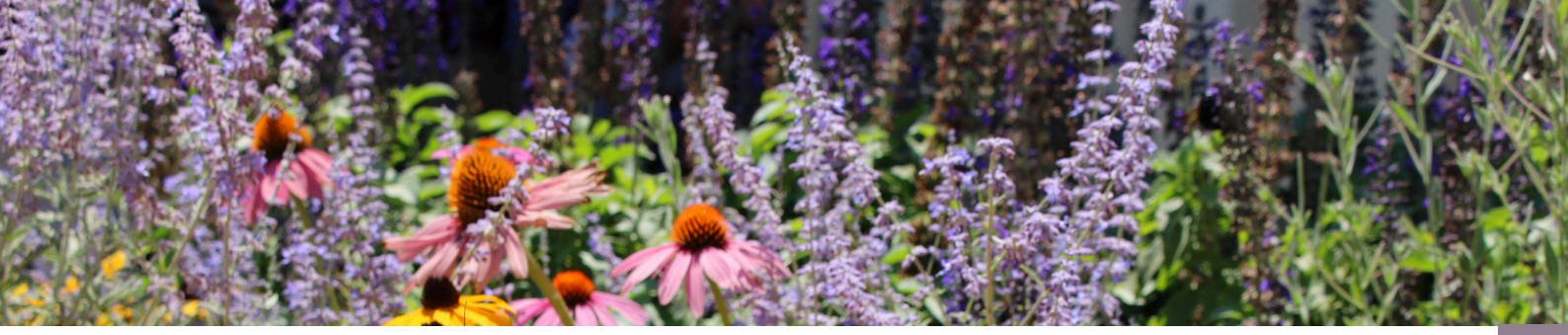
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Suicidal Mental Imagery (SUMI) Study
A PhD study being undertaken by C-SSHRI member Marie Carey, supervised by Prof Louise Doyle and Dr Brian Keogh.

The assessment of suicidal mental imagery is one area of suicide risk assessment that is significantly underutilised. The SUMI study is exploring people's experiences of suicidal mental imagery and the potential role of Cognitive Behavioural Therapy Suicide Prevention (CBT-SP) Imagery Intervention.

June 2026 publication: **First-Hand Accounts of Suicidal Mental Imagery: A Taxonomy of Imagery Types**

NSRF Briefing Paper, March 2026
Developed by NSRF and C-SSHRI members: **Social media use and age limits for children and adolescents. Research priority areas for suicide prevention**



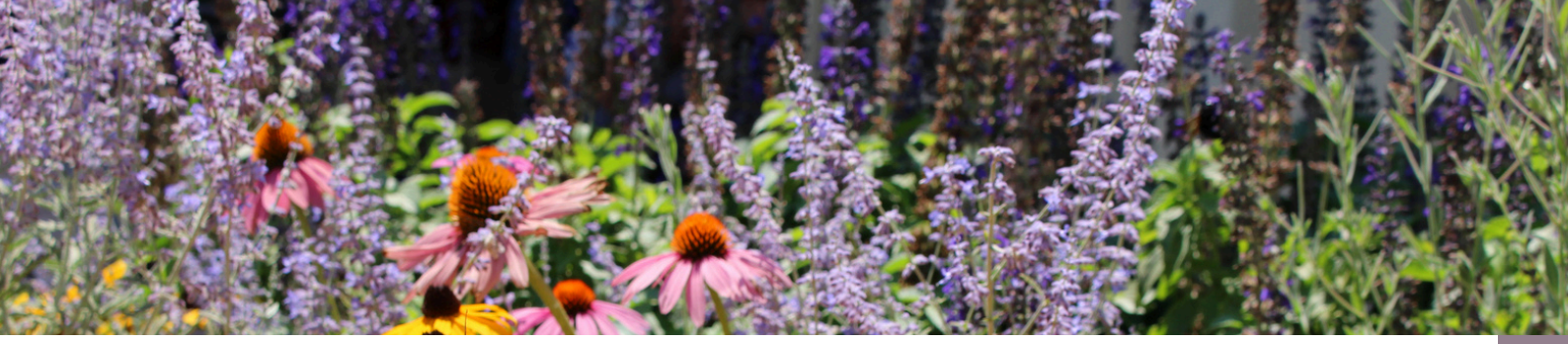
C-SSHRI Events 2026



We are honoured that Professor Siobhan O'Neill, Professor of Mental Health Sciences, Ulster University, Mental Health Champion for Northern Ireland, will present the Dr Michael J Kelleher Memorial Lecture. Our second keynote speaker will be Professor Keith Hawton, Emeritus Director of the Centre for Suicide Research, Department of Psychiatry, University of Oxford.

🏠 In person event
🌍 The Aula Maxima, University College Cork
⏱️ 10am-4pm

Registration now open



Save the Date





Upcoming events



ESSSB21 takes place in Vilnius, Lithuania in August 2026.

Visit: www.esssb21.org

IAYMH 2026
Dublin~Ireland
8th International Conference

Uncertainty
Hope
Action

Navigating uncertainty, building hope, inspiring action in youth mental health

The International Asociation for Youth Mental Health (IAYMH) takes place in Dublin in November 2026

Visit: https://iaymh2026.org



Useful resources

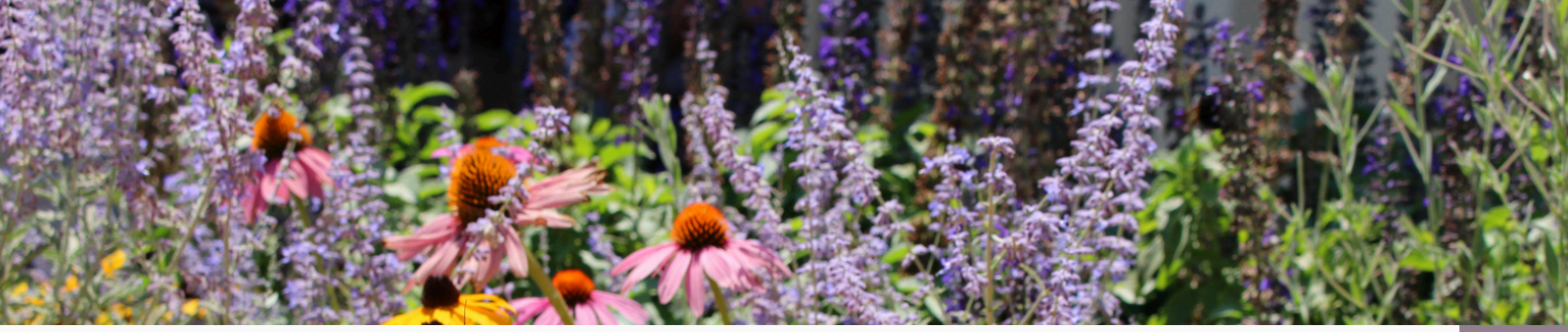
Training • Evidence Synthesis Ireland

Webinar Series - IASP

Upcoming Events

'Let's Talk About Suicide' – online training programme - HSE.ie

MQ's Open Mind Questions Podcast



Recent publications and outputs involving C-SSHRI members

Carey et al 2026 – *First-Hand Accounts of Suicidal Mental Imagery: A Taxonomy of Imagery Types.*

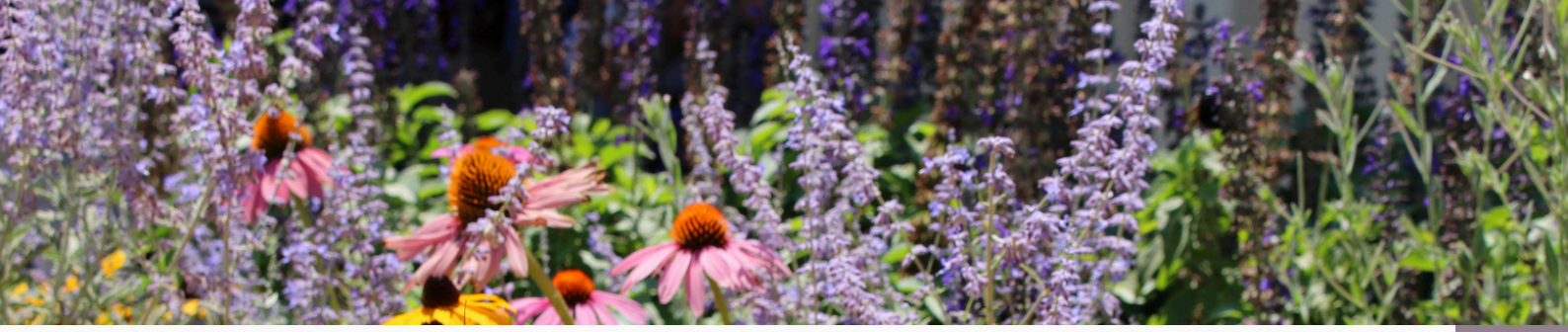
Arensman et al 2025 – *The European Alliance Against Depression approach: an evidence-based program to reduce depression and suicidal behavior*.

O'Callaghan et al 2026 – *Key Dimensions of Culturally Competent Mental Health Care for Roma and Traveller Populations: A Rapid Review.*

Dooleyet al 2026 – *Trends in psychological distress among adolescents in Ireland: survey data from 2018 to 2023 & lived experience perspective*.

Crowley et al 2026 – *Characteristics of individuals from ethnic minority backgrounds who die by suicide: A systematic review.*

O'Driscoll et al 2026 – *Implementing a suicide prevention module in undergraduate health and social care education: insights from a World Café and online survey.*



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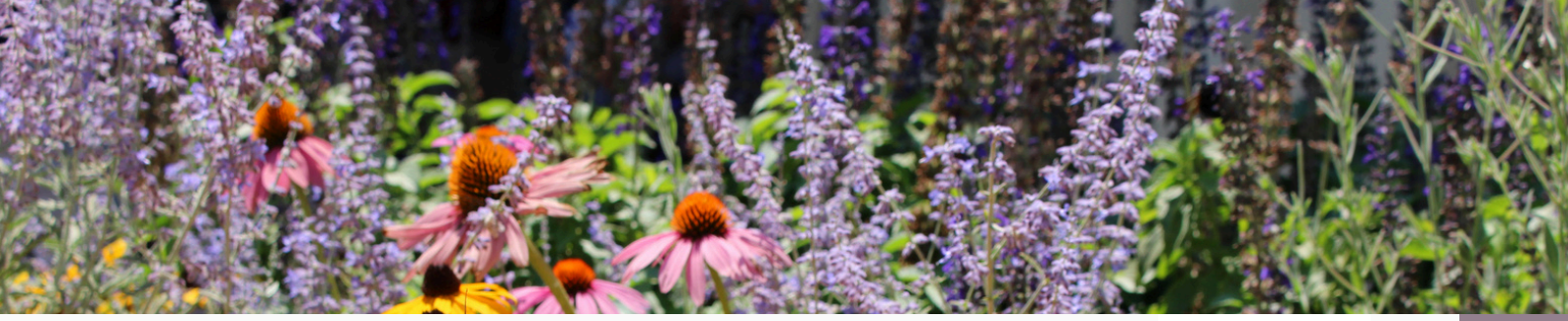
Cully et al 2026- *Cost of acute hospital treatment and initial aftercare for hospital-presenting self-harm in Ireland: national registry study.*

McEvoy et al 2026 - *School-level differences in self-harm and psychosocial problems associated with self-harm in adolescents.*

McEvoy et al 2026 - *A systematic review identifying personally modifiable factors for self-harm recovery in young people and the barriers and facilitators to their implementation.*

Giovanis et al 2026 – *Systematic review update of organisational-level mental health promotion interventions: evidence from healthcare, construction, and telework-based mobile work settings.*

Goodwin et al 2026 – *"I don't think people realise how important they are": a mixed methods evaluation of Samaritans' services*



Call for content

If you would like to have your highlights / outputs / publications included in the next Newsletter, please send details including authors, relevant dates (of publication etc.) and a link to the output, if available, to csshri@ucc.ie.

C-SSHRI Network membership

Membership is open to anyone based on the island of Ireland who is involved in suicide or self-harm research; students, clinicians and early career or experienced researchers.

The aim of the Network is to enhance collaboration between researchers, facilitate a wider dissemination of research findings, increase awareness of ongoing research, and through combined experience and expertise, create a 'community of influence' with respect to suicide and self-harm policy and commissioned research.

Contact details:

www.nsrf.ie/c-sshri

csshri@ucc.ie